

2019 HHSAA Track and Field Championships

DAY 2 **(REVISED)**

Saturday, May 4, 2019

Sponsored by Island Movers

Field Events	Order	1st Call	Last Call	Event Start
Discus	Girls	10:40 AM	10:50 AM	11:00 AM
Shot Put	Boys	1:40 PM	1:50 PM	2:00 PM
Long Jump	Boys	1:40 PM	1:50 PM	2:00 PM
Triple Jump	Girls	4:10 PM	4:20 PM	4:30 PM
High Jump	Girls	1:40 PM	1:50 PM	2:00 PM
Pole Vault	Boys	1:40 PM	1:50 PM	2:00 PM

Implement Verification: Girls Discus - 9:30am to 10:30am. Boys Shot - 12:30pm to 1:30pm.

Official's meeting at 1:00pm

Uniform and spike inspection to begin at 2:00pm

Coaches meeting at 3:00pm

Welcoming Ceremony at 4:15pm

Running Events	Order	1st Call	Last Call	Event Start
100m High Hurdles	Girls	4:10 PM	4:20 PM	4:30 PM
110m High Hurdles	Boys	4:15 PM	4:25 PM	4:35 PM
100m Dash	Girls	4:20 PM	4:30 PM	4:40 PM
	Boys	4:25 PM	4:35 PM	4:45 PM
1500m Run	Girls	4:30 PM	4:40 PM	4:50 PM
	Boys	4:38 PM	4:48 PM	4:58 PM
4 x 100m Relay	Unified	4:46 PM	4:56 PM	5:06 PM
	Girls	4:55 PM	5:05 PM	5:15 PM
	Boys	5:00 PM	5:10 PM	5:20 PM
400m Dash	Girls	5:05 PM	5:15 PM	5:25 PM
	Boys	5:09 PM	5:19 PM	5:29 PM
300m Hurdles	Girls	5:13 PM	5:23 PM	5:33 PM
	Boys	5:17 PM	5:27 PM	5:37 PM
800m Run	Girls	5:21 PM	5:31 PM	5:41 PM
	Boys	5:26 PM	5:36 PM	5:46 PM
200m Dash	Girls	5:31 PM	5:41 PM	5:51 PM
	Boys	5:35 PM	5:45 PM	5:55 PM
3000m run	Girls	5:39 PM	5:49 PM	5:59 PM
	Boys	5:54 PM	6:04 PM	6:14 PM
4 x 400m Relay	Unified	6:09 PM	6:19 PM	6:29 PM
	Girls	6:20 PM	6:30 PM	6:40 PM
	Boys	6:25 PM	6:35 PM	6:45 PM