

WRESTLING

I. SPECIFIC OBJECTIVES

- A. To determine the state individual and team championships.
- B. To promote interest in wrestling on the part of students, school, and community.
- C. To promote individual, team, school and spectator citizenship.

II. OFFICIALS

A. Selection and Assignments

- 1. Officials must have taken the National Federation test.
- 2. Officials may be selected from all leagues. Names of qualified officials may be sent to the HHSAA Executive Director either by the League's Executive Secretary or representative.
- 3. Selection and assignments of officials shall be made by the HHSAA Executive Director and Sport Coordinator using a Referee's Ranking system. (Rev. 6/2012)

B. Financial Allowance

- 1. Referees shall be paid based on HHSAA rates.
- 2. HHSAA rates: Per Match (\$3), Weigh In Official (\$15), Referee in Final (\$25), Assistant Referee in Final (\$25).
- 3. Assistant referees will be used for Consolation Round three, Round four, Semi Finals and Final matches.
 - a. When alternating as assistant referee, official shall receive an extra \$25.00 for working the afternoon session.
- 4. For the finals, officials will rotate as referee, assistant referee, and scorer's table advisor and be paid a fee of \$25.00 each. A minimum of twelve officials will be used for the 2nd day. Officials will serve as official timekeepers and be paid a fee of \$15.00 each. Officials will be selected and placed accordingly by the HHSAA Executive Director and Sport Coordinator.
- 5. Officials assigned to handle the weigh-in sessions will receive a fee of \$15.00 for each session. Three officials per scale are recommended for each session.

C. Uniform

- 1. All state tournament officials/umpires shall wear uniforms in accordance with their sport's NFHS rules/guidelines/recommendations. In the absence of any NFHS rules/guidelines/recommendations, the sport's HHSAA Sport Coordinator shall have the final say as to the appropriateness of a state tournament official's/umpire's uniform.

III. ELIGIBILITY (SEE HHSAA HANDBOOK)

IV. RULES GOVERNING THE TOURNAMENT

- A. The National Federation Wrestling Rules shall govern the tournament, with HHSAA modifications as needed, including the HHSAA's Wrestling Weight Monitoring Program which was implemented to be in compliance with the NFHS rules (Rule 1, Section 3. Weight Control Program).

- B. For Weight Monitoring Program purposes, wrestlers can only be tested by their respective league's athletic trainers (or other representatives), and not those of another league. The number and scheduling of the respective league's testing dates shall be set by each respective league.
- C. HHSAA-approved Addition to the National Federation Wrestling Rules (added June 2010) - If a defensive wrestler in a near-fall situation signals with the "tap-out" gesture, and the match is stopped because of the signal, then the wrestler will default the match, except if the tap-out gesture is due to an illegal hold on the part of the offensive wrestler.
- D. Coaches are reminded to instruct their athletes of the host school's gym or arena regulations and to abide by these regulations.
- E. For injury time, have the timer (or assistant referee, if available) give a loud verbal countdown of the amount of time left at 15 second intervals.
- F. The host school at a wrestling site shall be responsible for a stopwatch at each scoring table. The host school can provide the stopwatches or ask the participating schools to provide them. For example, if three dual meets are being held simultaneously at one site, the host school can provide all three stopwatches or ask the other schools to provide them.
- G. A timekeeper shall be on the wrestling mat during injury/bleeding time outs to assist the wrestling official, athletic trainer, and coaches. The timekeeper's only responsibility during the time shall be to keep track of the injury/bleeding time and to verbally announce such time at the intervals of: one minute, 1:15, and at the expiration of the injury/bleeding time out.
- H. The injured/bleeding wrestler must be ready to wrestle (e.g. shoelaces must be tied and taped) by the conclusion of the injury/bleeding time out.
- I. The final decision as to whether an injured wrestler shall continue to compete in his/her wrestling match shall be made by the attending athletic trainer.

J. The wrestling season will be a minimum of 15 weeks. (Rev. 6/2012)

V. TOURNAMENT FORMAT AND TIME SCHEDULE

- A. Type of tournament - Double-Elimination held on two days. All contestants losing in the championship rounds will move into the consolation rounds. All contestants losing in the consolation rounds will be eliminated except those competitors wrestling for 5th place. (SEE ATTACHED BRACKET)
- B. There shall be a maximum of 16 entries in each weight classification.
- C. The 14 Boys weight classifications (at scratch weight) are:

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|------------|-------------|-------------|
| 1. 108 lb. | 6. 135 lb. | 11. 171 lb. |
| 2. 114 lb. | 7. 140 lb. | 12. 189 lb. |
| 3. 120 lb. | 8. 145 lb. | 13. 215 lb. |
| 4. 125 lb. | 9. 152 lb. | 14. 285 lb. |
| 5. 130 lb. | 10. 160 lb. | |

The 14 Girls weight classifications (at scratch weight) are:

- | | | |
|------------|-------------|-------------|
| 1. 97 lb. | 6. 117 lb. | 11. 140 lb. |
| 2. 101 lb. | 7. 121 lb. | 12. 155 lb. |
| 3. 105 lb. | 8. 125 lb. | 13. 175 lb. |
| 4. 109 lb. | 9. 130 lb. | 14. 220 lb. |
| 5. 113 lb. | 10. 135 lb. | |

Rev. 6/2012

A two-pound growth allowance is made effective the third Sunday before the State Tournament and effectively increases all weight classifications by two pounds (NFHS Wrestling Rules, Rule 4, Section 4, Article 4, and NFHS Wrestling Case/Manual, 4.4.4 Situation).

D. Scoring

1. National Federation scoring to prevail.
2. All scoring should be kept in full view of contestants, coaches and spectators, whenever possible.

E. Sessions

Day One -	Preliminary Round Quarter-Finals and Consolation Round One Consolation Round Two
Day Two -	Semi-Finals and Consolation Round Three Consolation Round Four Championship and Consolation Finals

F. Tournament Site(s)

1. The ILH and OIA leagues shall rotate in hosting the HHSAA Wrestling Tournament on Oahu, unless otherwise agreed upon by the HHSAA, ILH, and OIA.
2. The HHSAA Executive Director shall select the tournament site(s).
3. A centralized location for a tournament is recommended in order to minimize the problem of hauling the mats that are required to conduct the tournament.
4. Neal Blaisdell Center or Stan Sheriff Center should be used for the final day, whenever possible.

G. Length of Matches

1. The matches shall consist of three two-minute (2-2-2) periods.
2. Qualifying and consolation rounds shall be one-two-two (1-2-2) minute periods.
3. No contestant shall be required to wrestle two matches with less than 45 minutes between matches.

H. Explanation of Illustration

1. Preliminary round winners will move to Quarterfinals and losers will move to Consolation Round 1.
2. Winners in the championship rounds will continue to progress towards the championship. Losers in the Quarterfinal Round will cross-bracket to Consolation Round 2 as indicated by the corresponding letters. Losers in Semi-Final Round will move directly to Consolation Round 4 without crossing.
3. Losers in Consolation Round 4 will move to the 5th place match. All losers in Consolation Round 1, 2, and 3 will be eliminated.

VI. ENTRIES

- A. League slots are determined by the HHSAA formula: number of eligible teams in the league divided by the number of eligible participating teams in the state times 16 (slots for weight class.)

$$\frac{\text{Number of Participating Teams in League}}{\text{Number of Participating Teams in State}} \times \text{Number of Slots per Weight Class}$$

- B. Each league shall determine the method of selecting their entries subject to the limitations of wrestlers allocated to their league.
- C. The deadline for entries shall be as specified by the State Wrestling Coordinator on the Sunday prior to the tournament dates.
- D. All wrestlers must wrestle in the weight division through which they qualified in their league championship. Each wrestler shall establish a certified minimum weight by the prescribed deadline and shall be prohibited from re-certifying at a lower weight during the same season. Wrestlers shall not wrestle more than one weight class above their actual weight at weigh-in. They shall not wrestle below their certified weight class. A copy of the certified weight list should also be sent to the Executive Director of each league prior to their league tournament.
- E. A league slot that opens up shall be filled by another wrestler from that league. In the event that a league cannot fill a slot, an alternate wrestler from another league shall be selected by a rotation to be determined each year at the state seeding meeting. The order of rotation does not carry over from one year to the next. The rotation for the girls' tournament is separate from the rotation from the boys' tournament.

VII. UNIFORM

- A. Follow the National Federation Standards.
- B. Any exception to the uniform rule must be cleared with the HHSAA Sport Coordinator and approved by the HHSAA Executive Director.
- C. Head covers that fasten or tied under the chin are required for those having hair longer than allowed.

VIII. SIZE OF TRAVELING TEAMS

Schools may bring qualifying wrestlers, including alternates, accompanied by authorized coaches, managers and trainers. Names of coaches, managers, trainers, and wrestlers must be listed on the official tournament roster forms.

Additional coaches, managers, trainers and wrestlers not on the official roster may enter at the team gate with an athletic director-approved list and with payment for those individuals. Payment will be based on the admission fees noted in Section XII of the wrestling handbook.

IX. SEEDING/PAIRING COMMITTEE

- A. The Committee shall consist of:
 - 1. HHSAA Executive Director (or designee)
 - 2. HHSAA Sport Coordinator
 - 3. A representative from each league
 - 4. Other personnel selected by the Sport coordinator and approved by the HHSAA Executive Director
- B. The Seeding/Pairing committee shall be responsible for all pairing and seeding procedures.
 - 1. The top three wrestlers from the OIA, ILH, BIIF and MIL will not meet each other until the semi-finals. The fourth, fifth, and sixth place qualifiers for each league will not meet in the preliminaries.
 - 2. The number two wrestler from each league shall be seeded after the league champions have been seeded one to four. The stronger number two league representatives will be seeded with the number three and number four seeds.

3. The third place qualifier from each league will be placed in the preliminaries if that league has more than four league representatives in the weight class.
4. The HHSAA Seeding Committee shall have the flexibility to adjust the seeding procedures if any discrepancies arise.

X. AWARDS AND TROPHIES

- A. Permanent trophy for the championship team.
- B. Permanent trophy for the runner-up team.
- C. 16 medals for the championship team.
- D. Medals for the six places in each weight classification.
- E. A group picture of the 14 Individual Boys Champions and the 11 individual Girls Champions should be taken at the conclusion at the tournament for national wrestling publications.
- F. Coaches are requested to see that the athletes are properly dressed for the awards ceremony. No balloons, banners, hat, caps, beanies, or other accessories beyond lei will be allowed.

XI. TOURNAMENT EVALUATION

The Sport Coordinator and Tournament Director shall submit an evaluation report and results of the tournament to the HHSAA Executive Director within two weeks after the tournament.

XII. ADMISSION*

Adults	\$9.00
Senior Citizens (62 and over)	\$5.00
Students (Grades K-12)	\$5.00

*The Blaisdell Arena usually issues a surcharge (\$.50) in addition to the admission price.

Participating wrestlers, coaches and team managers must be listed on the Official Roster Form for free admission to the tournament.