



**ISLAND MOVERS
TRACK & FIELD STATE CHAMPIONSHIPS
Kea'au High School, Big Island**

**TRIALS - FRIDAY, MAY 12, 2017
FINALS - SATURDAY, MAY 13, 2017**

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TRACK AND FIELD STATE CHAMPIONSHIPS
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HAWAII HIGH SCHOOL ATHLETIC ASSOCIATION

Executive Director Chris Chun
Associate Director Russ Aoki
Director of Information & Marketing Natalie Iwamoto
Track & Field Coordinator Jeff Meister
League Executive Directors Joseph Balangitao, Maui Interscholastic League
..... Lyle Crozier, Big Island Interscholastic Federation
..... Raymond Fujino, 'Oahu Interscholastic Association
..... Blane Gaison, Interscholastic League of Honolulu
..... Diane Nitta, Kauai Interscholastic Federation

TOURNAMENT COMMITTEE

Tournament Coordinator / Host School Iris McGuire, Kea'au High School
League Coordinators: Mark Brillhante, Kalaheo High School (OIA)
..... Kimo Weaver, Kamehameha Schools-Hawaii (BIIF)
..... Jon Kobayashi, Waimea High School (KIF)
..... Jeff Meister, Punahou School (ILH)
..... Brian Millar, St. Anthony High School (MIL)
Meet Referee Richard Sutton
Referee – Field Tom Chun
Referee – Running Allan Fernandez
Officials Richard Sutton
Starters Glen Wakumoto, Gary Hamakawa, Joel Peralta, George Ikeda
Hurdle Crew BIIF
Awards Don Takaki, Island Movers
Site Preparation BIIF
Timing Equipment BIIF
Announcer Jerry Lomongo

SPECIAL THANKS

Island Movers, Inc. Don Takaki
Medical personnel BIIF athletic trainers

ISLAND MOVERS / HHSAA TRACK AND FIELD STATE CHAMPIONSHIPS
Kea 'au High School, Big Island

TOURNAMENT INFORMATION

I. HHSAA TRACK & FIELD REGULATIONS

HHSAA Track & Field Regulations may be found in the HHSAA Handbook section in this packet.

II. RULES GOVERNING TRACK MEET

- A. Maximum length of spikes used is one-fourth inch ($\frac{1}{4}$) in length measured from the sole of the shoe.
- B. Teams may bring in water coolers. Tents are not allowed in the main bleachers.
- C. A limited number of starting blocks will be available at the tournament site. Therefore, schools are encouraged to bring their own blocks.
- D. Selection of lanes for finals shall be made electronically based upon commonly accepted advancement formulas (on the day of the trials). Individual advancement: place & time; relay advancement: place and time.

III. ENTRIES

- A. The Meet Entry File & Hy-Tek Meet Entry Report containing proof of the submitted mark/time must be **received no later than 12:00 noon, Monday, May 8, 2017.**

Send entries by e-mail to HHSAA track & field coordinator Jeff Meister:

| | |
|---------------------|--|
| Jeff Meister | Phone: (808) 944-5865 |
| Punahou School | Fax: (808) 944-5864 |
| 1601 Punahou Street | E-mail: jmeister@punahou.edu |
| Honolulu, HI 96822 | |

League representatives (coordinators) are as follows:

| | |
|-----------------------|----------|
| BIIF – Kimo Weaver | 982-0742 |
| ILH – Jeff Meister | 944-5865 |
| OIA – Mark Brillhante | 254-7914 |
| MIL – Brian Millar | 244-4190 |
| KIF - Jon Kobayashi | 338-6804 |

- B. Entries will be reviewed and closed by 9:00 p.m. on **Tuesday, May 9, 2017.**
- C. The Official Team Roster Forms with all qualifying participants, listed in **ALPHABETICAL ORDER**, and eligibility must be received by the HHSAA Office via e-mail to roster@hhsaa.org by **12:00 noon, Monday, May 8, 2017.** Roster forms can be downloaded from the HHSAA's track and field page on www.sportshigh.com.

IV. STATE TRACK & FIELD STANDARDS

See attached track & field standards.

V. CODE OF CONDUCT

- A. The coaches shall have direct responsibility for conduct of team members during competition, in hotels, and anywhere else in public during the tournament, including transportation to and from the tournament.
- B. HHSAA Executive Director may establish a common curfew hour, if needed.
- C. Drinking of alcoholic beverages, use of drugs, loud unruly, or destructive behavior will not be condoned and disciplinary action may be taken.
- D. The Code-of-Conduct must be enforced by the coaches and school administrators.

E. It is recommended that schools inform parents of this policy in writing.

VI. ADMISSION

A. Coaches, managers and qualifying athletes must be listed on the entry forms in order to be admitted to the Trials and Finals.

B. Entry will be through the Team Pass Gate. Teams must enter before the conclusion of first running event.

VII. STATE TOURNAMENT DISQUALIFICATION RULE

Any student-athlete or coach disqualified before, during, or after a state tournament game/match/event for unsportsmanlike conduct, flagrant verbal misconduct, or flagrant physical misconduct shall be disqualified from his/her next scheduled state tournament game/match/event for that sport. The student-athlete or coach has the right to appeal any such disqualification to an appeals committee for the particular sport. Should a student-athlete or coach be disqualified from the final state tournament game/match/event for that sport, said disqualification shall NOT carry over to the following school year's state tournament for that sport. Instead, the student-athlete's or coach's league shall determine any appropriate penalty or sanction.

VIII. SITE INFORMATION

A. Pending info will be distributed as it becomes available

TRACK AND FIELD

I. SPECIFIC OBJECTIVES

- A. To determine the state Boys and Girls individual and team champions.
- B. To bring schools within leagues in the state together to:
 - 1. Foster friendly competition between them, and
 - 2. Enhance the quality of high school track and field in the state.
- C. To promote citizenship on the part of individuals, teams, schools and spectators.

II. OFFICIALS

- A. Volunteers and officials shall be selected and assigned by the HHSAA Executive Director, the state sport coordinator and the host league representative (This changes every year).
- B. As specified in the NFHS track and field rules book, a Board of Appeals will be named to assist the meet referee. Appeals on officials' decisions to this committee must be made through the meet director and only by the Head Coach.
- C. The Meet Referee has the sole authority for ruling on infractions, as provided for in Rule 3-6-1 in the NFHS handbook. The Meet Referee has the sole authority for ruling on irregularities not covered within the rules.

III. ELIGIBILITY

See HHSAA Handbook.

IV. GAMES COMMITTEE

The HHSAA shall form a Games Committee as called for by the National Federation. The committee should be composed of at least one representative from each league. The committee is responsible for the proper conduct of track and field meet. Other responsibilities are listed under National Federation Rule 3, Section 2, Articles 1-4.

V. RULES GOVERNING THE TOURNAMENT

- A. The National Federation Track and Field Rules will govern, with the following HHSAA modifications:
 - 1. RUNNING EVENTS: Have the girls go first in all running events for both trials and finals.
 - 2. FIELD EVENTS: Conducted as Single Day Finals Only events:

| ODD YEARS: | | |
|----------------|--------------|------------------|
| Day 1 (FRIDAY) | | Day 2 (SATURDAY) |
| Girls | Pole Vault | Boys |
| Boys | High Jump | Girls |
| Girls | Long Jump | Boys |
| Boys | Triple Jump | Girls |
| Girls | Shot Put | Boys |
| Boys | Discus Throw | Girls |

| EVEN YEARS: | | |
|----------------|--------------|------------------|
| Day 1 (FRIDAY) | | Day 2 (SATURDAY) |
| Boys | Pole Vault | Girls |
| Girls | High Jump | Boys |
| Boys | Long Jump | Girls |
| Girls | Triple Jump | Boys |
| Boys | Shot Put | Girls |
| Girls | Discus Throw | Boys |

- 3. Limit entries for boys and girls to any six events.

4. All efforts in the shot put and long jump should be measured. Note: Girls shot put - 4 kilo.
5. In discus and shot put, mark all throws and do not use a "mark line."
6. In measuring the discus, officials shall use flags to mark the performers' best throws. In the trials and finals, all throws shall be measured.
7. HHSAA should provide visual markers in all field events to help coaches and spectators see and enjoy marks, jumps and throws.
8. Allow the use of any certified implements for throwing events. Certification will be available to any athlete up until one hour prior to the start of the event. All certified throwing implements are obligated to be shared.
9. When possible, all running events will be timed to the 100th of a second. Apparent ties will be read to the 1000th of a second to determine accurate placing.
10. After check-in is completed and announced for running events, any person who scratches will be ineligible for the rest of the meet.
11. Track finals shall be held on Saturday.
12. Finals of the running events shall start at 5:30pm on Saturday. (rev 6/2014)
13. Field events shall begin at least one (1) hour prior to the start of running events in both trials and finals.
14. Pole Vault verification forms must be signed by the coach, athletic director, and principal, certifying that the equipment and the vaulter are in compliance with Rule 6-5-3 of the NFHS handbook.
15. Pole Vault participants shall be allowed to have an official check their take-off mark, certifying the accuracy and appropriateness of the equipment each vaulter will be using.
16. The Sport Coordinator, Meet Referee, and Meet Director shall have the authority to establish the starting heights for high jump and pole vault.
17. In the 1600 Meter Relay, the race shall be run with a three-turn stagger. First runner, run in lanes throughout. Second runners, run in lanes through his/her first turn and cut for pole on the back straightway.
18. Ten minutes prior to the start of the event, only the participants in that flight will be allowed to warm up. Also, there should be a ten-minute warm-up period between flights.
19. Conduct girls and boys 3000m run as a timed final on Saturday. Race will be run in an "alley" configuration to accommodate the entry limit of 32 (6/2015).
20. Conduct field events as single day finals events.
 - a. Games committee will order athletes from best to worst for trial attempts.
 - b. Each athlete will be given three trial attempts.
 - c. After all trial attempts have been completed, the top eight competitors will receive three more finals attempts on the same day. NOTE: Field events do not have alternates. All competitors that tie for 8th place will be finalists.
 - d. Finals competitors will be reordered from worst to best.
 - e. All legal trials marks carry over to finals.
 - f. By gender. Events start with similar time schedules each day. Genders will rotate from year-to-year (6/2016).

VI. ENTRIES

- A. The Meet Entry Form with participants' first and last names and event performances (and accompanying dates) must be received by the Track and Field Coordinator.
- B. The Team Roster Forms with all qualifying participants listed in alphabetical order must be received by the HHSAA Office.
- C. All leagues must have copies of meet results available to verify performances.
- D. Entries
 - 1. Each contestant must meet the HHSAA qualifying standard for their event during a league meet for the current season. This includes league individual event champions.
 - 2. The state qualifying standard shall start as the average of the 24th best mark for the last two years. 30 days prior to the state tournament, a final list of standards will be sent out. These standards may include adjustments to the original standards in an order to achieve 32 competitors in each event.
 - 3. Each coach is to submit, along with his/her entry form, the results of meets in which performances occurred. This is essential for the Seeding Committee to validate performances. Entries may be rejected if performances cannot be verified.
 - 4. Each school shall be limited to three entries in each individual event. Alternates shall not be accepted from an individual school even though that person has met the qualifying standard.
 - 5. Each school shall be allowed to enter no more than one team in each relay event for which the school has met the qualifying standards.
 - 6. Qualifying relay teams must establish their qualifying time with a team of four runners who are eligible for HHSAA state competition. These runners need not be the ones that run the relay in the state meet.
 - 7. No hand times will be accepted as qualifying times for the state tournament (6/2013).
 - 8. Eliminate qualifying process of "auto" and "cons" and return to have only one qualifying standard. Standard to be released no later than the first Friday in April (6/2016)
- E. Coaches, Managers and Qualifying Athletes
 - 1. Head, assistant coaches and athletes must be listed by names on the roster sheet of the entry forms. These lists shall be used for admission to the trials and finals. Persons must be bona fide coaches and athletes.
 - 2. Team managers must be listed by names on the roster sheet of the entry forms. These lists shall be used for admission to the meet trials and finals. There shall be a limit of four managers per team.
 - 3. Complimentary admission only to qualifying participants, coaches and designated managers.
 - a. Non-qualifiers from participating school, or from non-participating schools must pay admission.

VII. PLACES AND SCORING

| <u>Place</u> | <u>Individual Events</u> | <u>Relay Events</u> |
|--------------|--------------------------|---------------------|
| First | 10 | 10 |
| Second | 8 | 8 |
| Third | 6 | 6 |
| Fourth | 4 | 4 |
| Fifth | 2 | 2 |
| Sixth | 1 | 1 |

VIII. SEEDING AND DRAWING PROCEDURE

- A. Following seeding of the top eight entries, the remaining entries shall be seeded in rank order. Except if entrants have identical times, they may be interchanged to avoid runners from the same school or same league being in the same heats. Preference shall be given to separation of athletes from the same school, not the same league.
- B. Any running event with four or more heats shall qualify the top runner in each heat, with the remaining four slots and the two alternates to be determined by taking the next six best qualifying times.
- C. Any running event with three heats shall qualify the first two per heat, with the remaining two slots and the two alternates to be determined by taking the next four best qualifying times.
- D. Any running event with two trials shall qualify the first three per heat, with the remaining two slots and the two alternates to be determined by taking the next four best qualifying times.
- E. Four trial heats shall be reduced to three trial heats if 24 runners or less are left to compete at entry or after scratches.
- F. Three trial heats shall be reduced to two trial heats if 16 runners or less are left to compete at entry or after scratches.
- G. In relay trials, if teams have the same time in the same trial heat, the order of finish as judged shall determine qualifying positions.
- H. If heats are combined prior to the race, all heats for the event shall be repositioned.
- I. In the 1500 Meter Run, additional runners in excess of eight per heat may be stacked behind for the first turn. 1500 Meter Run not to exceed three heats. The top 12 runners advance to the final. If two heats, top four in each heat plus next four best times. If three heats, top three in each heat plus next three best times.
- J. After check-in is completed and announced for running events, any person who scratches will be ineligible for the rest of the meet.
- K. Whenever possible, lane vacancies in finals will be filled.

IX. UNIFORMS

- A. All participants are required to wear school-designated uniforms, preferably with school identifying insignia. Athletes competing in the throwing events are allowed to use alternate school-issued uniform of matching color or design. (NOTE: Schools with athletes competing in alternate uniforms in the throwing events MAY be asked to provide proof of alternate uniform being school issued.)
- B. All shoe spikes for running and field events must be .25" or less pyramid shaped spikes. Spikes will be checked at the event. If found to not be in compliance, an athlete will be asked to change the spikes. After being approved, if an athlete is checked and/or found to have illegal spikes, they will be disqualified from any further competition.
- C. Appropriate warm-up attire should be worn in the track infield area.
- D. The top must hang below or be tucked into the waistband of the bottom when the competitor is standing erect.

X. DESIGNATED COACHES' AREAS:

- A. For all Field events, the Coaches' boxes will be clearly marked. Coaches are to be within the designated areas at all times when/if coaching and athlete during warm-up and/or competition. No athletes/competitors are allowed in the Coaches' box.
- B. Only 1 coach per school is allowed in the Coaches' box. Only coaches whose name(s) are on the Official Tournament Roster will be considered coaches.

XI. MULTI-EVENT ATHLETES – CHECKING IN/OUT OF FIELD EVENTS/ABANDONMENT:

- A. Multi-Event athletes may be excused from one event to compete in another by checking out with the head Field Event judge.
- B. For all horizontal jumps and throws, the check-out time limit is 10 minutes. When an athlete returns, he/she must check back in with the event judge and
 - a. Shall compete one or more attempts with the athlete inserted into the lineup as necessary to expedite completion of the event. OR
 - b. May inform the event judge to re-start the clock and check-out again with taking a passing trial as long as the event for which the athlete is checking out is still in progress.
 - c. No check-outs are allowed during the final round of competition.
- C. There is not check-out limit for the High Jump and Pole Vault
- D. When all competitors present have completed their attempts – not including the last attempt by the leading qualifier or during a jump-off – all missing competitors shall be called in order as soon as their approved check-out period tolls. For the High Jump and Pole Vault, all missing competitors are called immediately. Failure of an athlete to initiate an attempt within the allotted time ends the competition for that athlete. When all missing competitors have been given a chance to initiate an attempt, the event proceeds to the tie-breaker or ends with places awarded.

XII. AWARDS AND TROPHIES

- A. Permanent trophies to winning boys and girls championship teams.
- B. Permanent trophies to runner-up boys and girls teams.
- C. Medals for the first six places in individual and relay events.
- D. 20 medals for the boys and girls championship teams.

XIII. TRANSPORTATION

- A. Ground transportation will not be provided. Each school is responsible for their own arrangements.
- B. Air transportation arrangements are to be made by each school.
- C. Additional responsibilities:
 - 1. At least one male chaperone for the boys teams and one female chaperone for the girls teams are recommended.
 - 2. Each school must assume responsibility for supervision of their own traveling team members at all times, including trips and hotel behavior.

XIV. EVALUATION

- A. Each league may send a track representative to the post-tournament evaluation meeting.
- B. Report is to be submitted to the HHSAA Executive Director within two weeks after the tournament.
- C. Update all meet records. Submit results of the tournament.

XV. ADMISSION

Adults \$7.00
Senior Citizens (62 and over) \$5.00
Students (Grades K-12) \$5.00

Coaches, managers and qualifying athletes must be listed on the entry forms in order to be admitted to the trials and finals.

HHSAA Track and Field Standards for 2017 (REVISED)

BOYS STANDARDS

130-04
43-09.00
20-02.75
40.02.75
5-10
11-06

Field Events

Discus
Shot Put
Long Jump
Triple Jump
High Jump
Pole Vault

GIRLS STANDARDS

99-08
32-01.00
15-07.75
32-08.50
4-10
8-00

16.64
11.44
4:27.54
45.24
53.24
43.94
2:07.54
23.34
9:57.04
3:43.84

Running Event

110m Hurdles
100m Dash
1500m Run
4 x 100m Relay
400m Dash
300m Hurdles
800m Run
200m Dash
3000m Run
4 x 400m Relay

17.44
13.14
5:22.94
53.84
1:03.74
50.44
2:35.94
27.44
11:56.04
4:30.94

NOTE: All Running Standards must be Electronically Timed (F.A.T.) - Hand Times will not be accepted.

2017 HHSAA Track and Field Championships

Sponsored by Island Movers

TRIALS: Friday May 12, 2017

| Field Events | Order | 1st Call | Last Call | Event Start |
|--------------------|-------|----------|-----------|-------------|
| Discus | Boys | 1:55 PM | 2:05 PM | 2:15 PM |
| Shot Put | Girls | 4:55 PM | 5:05 PM | 5:15 PM |
| Long Jump | Girls | 1:55 PM | 2:05 PM | 2:15 PM |
| Triple Jump | Boys | 4:55 PM | 5:05 PM | 5:15 PM |
| High Jump | Boys | 5:10 PM | 5:20 PM | 5:30 PM |
| Pole Vault | Girls | 4:10 PM | 4:20 PM | 4:30 PM |

OFFICIAL'S MEETING AT 12:30 PM

COACHES MEETING AT 2:00 PM

OPENING CEREMONY: 3:15 PM

| Running Events | Order | 1st Call | Last Call | Event Start |
|--------------------------|---------|-------------------------------|-----------|-------------|
| 100m High Hurdles | Girls | 3:10 PM | 3:20 PM | 3:30 PM |
| 110m High Hurdles | Boys | 3:20 PM | 3:30 PM | 3:40 PM |
| 100m Dash | Girls | 3:25 PM | 3:35 PM | 3:45 PM |
| | Boys | 3:30 PM | 3:40 PM | 3:50 PM |
| 1500m Run | Girls | 3:35 PM | 3:45 PM | 3:55 PM |
| | Boys | 3:50 PM | 4:00 PM | 4:10 PM |
| 4 x 100m Relay | Unified | 4:05 PM | 4:15 PM | 4:25 PM |
| | Girls | 4:15 PM | 4:25 PM | 4:35 PM |
| | Boys | 4:25 PM | 4:35 PM | 4:45 PM |
| 400m Dash | Girls | 4:35 PM | 4:45 PM | 4:55 PM |
| | Boys | 4:45 PM | 4:55 PM | 5:05 PM |
| 300m Hurdles | Girls | 5:00 PM | 5:10 PM | 5:20 PM |
| | Boys | 5:10 PM | 5:20 PM | 5:30 PM |
| 800m Run | Girls | 5:20 PM | 5:30 PM | 5:40 PM |
| | Boys | 5:35 PM | 5:45 PM | 5:55 PM |
| 200m Dash | Girls | 5:50 PM | 6:00 PM | 6:10 PM |
| | Boys | 6:00 PM | 6:10 PM | 6:20 PM |
| 3000m run | Girls | To be conducted during Finals | | |
| | Boys | To be conducted during Finals | | |
| 4 x 400m Relay | Unified | 6:15 PM | 6:25 PM | 6:35 PM |
| | Girls | 6:30 PM | 6:40 PM | 6:50 PM |
| | Boys | 6:55 PM | 7:05 PM | 7:15 PM |

NOTE: Time Schedule subject to change based on entries

2017 HHSAA Track and Field Championships

Sponsored by Island Movers

Saturday, May 13, 2017

| Field Events | Order | 1st Call | Last Call | Event Start |
|--------------------|-------|----------|-----------|-------------|
| Discus | Girls | 1:55 PM | 2:05 PM | 2:15 PM |
| Shot Put | Boys | 4:55 PM | 5:05 PM | 5:15 PM |
| Long Jump | Boys | 1:55 PM | 2:05 PM | 2:15 PM |
| Triple Jump | Girls | 4:55 PM | 5:05 PM | 5:15 PM |
| High Jump | Girls | 5:10 PM | 5:20 PM | 5:30 PM |
| Pole Vault | Boys | 2:10 PM | 2:20 PM | 2:30 PM |

OFFICIAL'S MEETING AT 3:30 PM

COACHES MEETING AT 4:00 PM

OPENING CEREMONIES at 5:15 PM

| Running Events | Order | 1st Call | Last Call | Event Start |
|--------------------------|---------|----------|-----------|-------------|
| 100m High Hurdles | Girls | 5:10 PM | 5:25 PM | 5:30 PM |
| 110m High Hurdles | Boys | 5:13 PM | 5:28 PM | 5:33 PM |
| 100m Dash | Girls | 5:18 PM | 5:33 PM | 5:38 PM |
| | Boys | 5:21 PM | 5:36 PM | 5:41 PM |
| 1500m Run | Girls | 5:29 PM | 5:44 PM | 5:49 PM |
| | Boys | 5:37 PM | 5:52 PM | 5:57 PM |
| 4 x 100m Relay | Unified | 5:45 PM | 6:00 PM | 6:05 PM |
| | Girls | 5:50 PM | 6:05 PM | 6:10 PM |
| | Boys | 5:55 PM | 6:10 PM | 6:15 PM |
| 400m Dash | Girls | 6:05 PM | 6:20 PM | 6:25 PM |
| | Boys | 6:09 PM | 6:24 PM | 6:29 PM |
| 300m Hurdles | Girls | 6:15 PM | 6:30 PM | 6:35 PM |
| | Boys | 6:18 PM | 6:33 PM | 6:38 PM |
| 800m Run | Girls | 6:25 PM | 6:40 PM | 6:45 PM |
| | Boys | 6:30 PM | 6:45 PM | 6:50 PM |
| 200m Dash | Girls | 6:35 PM | 6:50 PM | 6:55 PM |
| | Boys | 6:38 PM | 6:53 PM | 6:58 PM |
| 3000m run | Girls | 6:40 PM | 6:55 PM | 7:00 PM |
| | Boys | 7:00 PM | 7:15 PM | 7:20 PM |
| 4 x 400m Relay | Unified | 7:15 PM | 7:30 PM | 7:35 PM |
| | Girls | 7:25 PM | 7:40 PM | 7:45 PM |
| | Boys | 7:30 PM | 7:45 PM | 7:50 PM |

POLE VAULTER'S WEIGHT VERIFICATION FORM

TO ALL MEMBER SCHOOLS - Member schools will be required to process the **Pole Vaulter's Weight Verification Form** listing each student participating in the pole vault event. This form is to be on file in the Athletic Director's office prior to a pole vaulter's first interscholastic competition.

School _____

| | <u>Name of Vaulter</u> | <u>Weight*</u> | <u>Pole Rating</u> |
|----|------------------------|----------------|--------------------|
| 1. | _____ | _____ | _____ |
| 2. | _____ | _____ | _____ |
| 3. | _____ | _____ | _____ |
| 4. | _____ | _____ | _____ |
| 5. | _____ | _____ | _____ |

*Includes full competition uniform and footwear

Date _____ Signature of Principal _____

Date _____ Signature of Athletic Director _____

Date _____ Signature of Coach _____

NOTE TO SCHOOL OFFICIALS

With respect to the pole vault event, please review, among other things, NFHS Track & Field Rules Book, Rule 6-5-3.

Note: In order to be eligible to compete in the State Track and Field Meet, each vaulter's name must be listed on a fully completed copy of this form. Also, the fully completed form must be made available for review by the Games Committee at the State Track and Field Meet.

HHSAA TRACK AND FIELD TEAM CHAMPIONS – BOYS

| <u>Year</u> | <u>Team Champion</u> | <u>Score</u> | <u>League</u> | <u>Coach</u> | <u>Location</u> |
|-------------|----------------------|--------------|---------------|-------------------|----------------------|
| 1959 | Punahou* | N/A | ILH | Al Rowan | Alexander Field |
| 1960 | Punahou* | N/A | ILH | Al Rowan | Alexander Field |
| 1961 | Punahou | N/A | ILH | John Pennington | Alexander Field |
| 1962 | Punahou | 60 1/2 | ILH | Al Rowan | Alexander Field |
| 1963 | Kamehameha | 56 | ILH | Lee Thomas | Iolani |
| 1964 | Kailua | 35 | OIA | Joe Kahahawai | Alexander Field |
| 1965 | Punahou | 60 | ILH | Al Rowan | Iolani |
| 1966 | Kamehameha | 45 2/3 | ILH | Lee Thomas | Alexander Field |
| 1967 | Punahou | 48 | ILH | Al Rowan | Alexander Field |
| 1968 | Punahou | 49 1/2 | ILH | Al Rowan | Alexander Field |
| 1969 | Punahou | 62 1/2 | ILH | Al Rowan | Alexander Field |
| 1970 | Punahou | 62 1/2 | ILH | Al Rowan | Alexander Field |
| 1971 | Kamehameha | 50 | ILH | Lee Thomas | Alexander Field |
| 1972 | Punahou | 61 | ILH | Al Rowan | Alexander Field |
| 1973 | Punahou | 66 1/2 | ILH | Al Rowan | Maui War Memorial |
| 1974 | Punahou | 65 1/2 | ILH | Al Rowan | Alexander Field |
| 1975 | Punahou | 76 | ILH | Al Rowan | Alexander Field |
| 1976 | Leilehua | 56 | OIA | Gary Clark | Maui War Memorial |
| 1977 | Punahou | 67 | ILH | Al Rowan | Kaiser |
| 1978 | Punahou | 69 | ILH | Al Rowan | Kaiser |
| 1979 | Punahou | 46 1/2 | ILH | Al Rowan | Kaiser |
| 1980 | Punahou | 49 | ILH | Al Rowan | Kaiser |
| 1981 | Iolani | 40 | ILH | Earl Hedani | Kaiser |
| 1982 | Radford | 54 1/2 | OIA | Al Bader | Kaiser |
| 1983 | Leilehua | 42 | OIA | Ernest Balignasay | Alexander Field |
| 1984 | Punahou | 52 1/4 | ILH | Al Rowan | Alexander Field |
| 1985 | Radford | 46 | OIA | Al Bader | Kaiser |
| 1986 | Kamehameha | 47 | ILH | Marshall Muramoto | Kaiser |
| 1987 | Maui | 40 | MIL | John Wienert | Maui War Memorial |
| 1988 | Punahou | 45 1/2 | ILH | Al Rowan | Kaiser |
| 1989 | Punahou | 68 1/2 | ILH | Al Rowan | Kaiser |
| 1990 | Punahou | 83 1/2 | ILH | Al Rowan | Maui War Memorial |
| 1991 | Kamehameha | 67 1/2 | ILH | Marshall Marumoto | Kaiser |
| 1992 | Kamehameha | 73 | ILH | Marshall Marumoto | Kaiser |
| 1993 | Punahou | 50 | ILH | Dacre Bowen | Maui War Memorial |
| 1994 | Kamehameha | 49 | ILH | Marshall Marumoto | Kaiser |
| 1995 | Maui | 53 1/2 | MIL | Odell Marinia | Kaiser |
| 1996 | Punahou | 51 | ILH | Dacre Bowen | Maui War Memorial |
| 1997 | Punahou | 57 | ILH | Dacre Bowen | Kaiser |
| 1998 | Punahou | 42 | ILH | Dacre Bowen | Kaiser |
| 1999 | Punahou | 42 | ILH | Dacre Bowen | Maui War Memorial |
| 2000 | Kamehameha | 47 | ILH | Sam Moku | Mililani High School |
| 2001 | Punahou | 72 | ILH | Louis Johnson | Maui War Memorial |
| 2002 | Punahou | 51 | ILH | Louis Johnson | Mililani High School |
| 2003 | Kamehameha | 68.5 | ILH | Sam Moku | Kamehameha |
| 2004 | Pearl City | 50 | OIA | Donaldo Hopper | Maui War Memorial |
| 2005 | KS-Kapalama | 70 | ILH | Sam Moku | Mililani High School |
| 2006 | Kahuku | 64 | OIA | Sean Makaiau | KS-Kapalama |
| 2007 | Punahou | 65 | ILH | Mike Pavich | Maui War Memorial |
| 2008 | Punahou | 55.75 | ILH | Mike Pavich | Mililani High School |
| 2009 | Saint Louis | 44.33 | ILH | Geoff Garvin | Kea'au High School |
| 2010 | Punahou | 70.0 | ILH | Micah Pavich | KS-Kapalama |
| 2011 | Punahou | 76.0 | ILH | Micah Pavich | Maui War Memorial |
| 2012 | Baldwin | 63.0 | MIL | Ardis Anguay | Kea'au High School |
| 2013 | Baldwin | 66.25 | MIL | Ardis Anguay | Mililani High School |
| 2014 | KS-Kapalama | 83 | ILH | Harvey MacInerney | KS-Kapalama |
| 2015 | KS-Kapalama | 113 | ILH | Harvey MacInerney | Maui War Memorial |
| 2016 | KS-Kapalama | 78.33 | ILH | Steve Jeness | KS-Kapalama |

**Both meets terminated early due to rain. Punahou ahead at time of termination.*

HHSAA STATE TRACK AND FIELD MEET RECORDS – BOYS

| <u>Event</u> | <u>Name</u> | <u>School</u> | <u>Time or Distance</u> | <u>Year</u> |
|------------------------|---|---------------|-------------------------|-------------|
| 110 Meter H. Hurdles | David Maeva | KS-Kapalama | 14.1 (h) | 1986 |
| | Bryan Clay | Castle | 13.90 (wa) | 1998 |
| | Dana Navarro-Arias | Maui | 14.44 | 1999 |
| 300 Meter Int. Hurdles | David Maeva | KS-Kapalama | 38.1 (h) | 1986 |
| | Dana Navarro-Arias | Maui | 38.10 | 1999 |
| 100 Meter Dash | Clayton Mahuka | Nanakuli | 10.6 (h) | 1985 |
| | Devin Jenkins | Kapolei | 10.46 (wa) | 2011 |
| | Justin Desaki | KS Kapalama | 10.75 | 2016 |
| 200 Meter Dash | Casey Flores | Konawaena | 21.2 (h) | 1996 |
| | Devin Jenkins | Kapolei | 21.09(wa) | 2011 |
| | Christopher Rainey | Radford | 21.89 | 2008 |
| 400 Meter Dash | Bennett Valencia | Punahou | 48.66 | 1997 |
| 800 Meter Run | Joey Bunch | Radford | 1:51.1 (h) | 1983 |
| 1500 Meter Run | Jac Hebert | Punahou | 4:01.23 | 2014 |
| 3000 Meter Run | Kaeo Kruse | KS Kapalama | 8:43.12 | 2014 |
| 400 Meter Relay | T. Kamana, B. Suite, J. Pedrina, M. Zane | Punahou | 42.20 | 2010 |
| 1600 Meter Relay | Eugene Williams, John Curry, Mark Brackemhoff, Peter Lee | Radford | 3:20.2 (h) | 1985 |
| Shot Put | Kaione Crabb | Punahou | 59' 08.75" | 1997 |
| Discus | Jerrold Avegalio | Kahuku | 186' | 2003 |
| Long Jump | Anthony Kahoo-Davis | Baldwin | 24'10.00" | 2016 |
| | Bryan Clay | Castle | 24' 06.50" (wa) | 1998 |
| Triple Jump | Anthony Kahoo-Davis | Baldwin | 49'10.75" | 2016 |
| | Larry Khan-Smith | Campbell | 48' 11.50" (wa) | 1986 |
| High Jump | Kris Cuaresma-Primm | Mid-Pacific | 6' 9" | 1998 |
| Pole Vault | Bubba McLean | St. Anthony | 15' 3" | 1997 |
| Discontinued Events: | | | | |
| 1600 Meter Run | Kurt Mench | Castle | 4:09.5 | 1970 |
| 3200 Meter Run | Steve Ferber | Mid-Pacific | 9:20.8 | 1973 |

Both hand and electronic timing records shall be listed unless the electronic timing record is faster than the hand-timed record. (h) hand-timed; (wa) wind-aided

HHSAA TRACK AND FIELD TEAM CHAMPIONS – GIRLS

| <u>Year</u> | <u>Team Champion</u> | <u>Score</u> | <u>League</u> | <u>Coach</u> | <u>Location</u> |
|-------------|----------------------|--------------|---------------|-------------------------|----------------------|
| 1967 | Punahou | 73 | ILH | Arlene Lorenz | Alexander Field |
| 1968 | Punahou | 49 | ILH | Janet Osburn | Alexander Field |
| 1969 | Punahou | 52 | ILH | Janet Osburn | Alexander Field |
| 1970 | Punahou | 55 | ILH | Janet Osburn | Alexander Field |
| 1971 | Castle | 38 1/2 | OIA | Robert Nakagawa | Alexander Field |
| 1972 | Punahou | 39 1/2 | ILH | Mary Perry | Alexander Field |
| 1973 | Radford | 52 | OIA | Tom Chun | Maui War Memorial |
| 1974 | Radford | 42 3/4 | OIA | Tom Chun | Alexander Field |
| 1975 | Radford | 49 | OIA | Tom Chun | Alexander Field |
| 1976 | Radford | 47 | OIA | Tom Chun | Maui War Memorial |
| 1977 | Punahou | 62 1/2 | ILH | Hugh Jenkins | Kaiser |
| 1978 | Punahou | 56 | ILH | Hugh Jenkins | Kaiser |
| 1979 | Punahou | 61 | ILH | Leslie Kellum | Kaiser |
| 1980 | Radford | 80 | OIA | Tom Chun | Kaiser |
| 1981 | Punahou | 68 | ILH | Dan Tuttle | Kaiser |
| 1982 | Punahou | 93 1/3 | ILH | Dan Tuttle | Kaiser |
| 1983 | Punahou | 77 | ILH | Dan Tuttle | Alexander Field |
| 1984 | Punahou | 54 | ILH | Dan Tuttle | Alexander Field |
| 1985 | Punahou | 69 | ILH | Dan Tuttle | Kaiser |
| 1986 | Punahou | 52 | ILH | Dan Tuttle | Kaiser |
| 1987 | Punahou | 83 1/2 | ILH | Dan Tuttle | Maui War Memorial |
| 1988 | Punahou | 71 | ILH | Dan Tuttle | Kaiser |
| 1989 | Punahou | 58 1/2 | ILH | Dan Tuttle | Kaiser |
| 1990 | Punahou | 88 | ILH | Dan Tuttle | Maui War Memorial |
| 1991 | Punahou | 94 | ILH | Steve Link | Kaiser |
| 1992 | Punahou | 103 2/3 | ILH | Steve Link | Kaiser |
| 1993 | Hilo | 50 | BIIF | Bill McMahon | Maui War Memorial |
| 1994 | Kalaheo | 47 | OIA | Gary Stoner/Lewis Fuddy | Kaiser |
| | Moanalua | 47 | OIA | David Carvalho | |
| 1995 | Hawaii Prep | 48 1/2 | BIIF | Stan Shutes | Kaiser |
| 1996 | Punahou | 63 1/2 | ILH | Steve Link | Maui War Memorial |
| 1997 | Punahou | 62 | ILH | Steve Link | Kaiser |
| 1998 | Punahou | 78 1/2 | ILH | Steve Link | Kaiser |
| 1999 | Punahou | 79 | ILH | Steve Link | Maui War Memorial |
| 2000 | Punahou | 49 | ILH | Steve Link | Mililani High School |
| 2001 | Punahou | 47 | ILH | Steve Link | Maui War Memorial |
| 2002 | Iolani | 64 | ILH | Earl Hedani | Mililani High School |
| 2003 | Iolani | 49.5 | ILH | Earl Hedani | Kamehameha -Oahu |
| 2004 | Punahou | 59 | ILH | Duncan Macdonald | Maui War Memorial |
| 2005 | Punahou | 80.33 | ILH | Duncan Macdonald | Mililani High School |
| 2006 | Punahou | 82.33 | ILH | Duncan Macdonald | KS-Kapalama |
| 2007 | Punahou | 91 | ILH | Duncan Macdonald | Maui War Memorial |
| 2008 | KS-Kapalama | 59.25 | ILH | Gail Murakami | Mililani High School |
| 2009 | Punahou | 71.0 | ILH | Duncan Macdonald | Kea'au High School |
| 2010 | Punahou | 95.0 | ILH | Duncan Macdonald | KS-Kapalama |
| 2011 | Punahou | 66.33 | ILH | Duncan Macdonald | Maui War Memorial |
| 2012 | Punahou | 75.40 | ILH | Duncan Macdonald | Kea'au High School |
| 2013 | Punahou | 69 | ILH | Duncan Macdonald | Mililani High School |
| 2014 | Seabury Hall | 73 | MIL | Bobby Grossman | KS-Kapalama |
| 2015 | Kaiser | 68 | OIA | Kevin Kruszona | Maui War Memorial |
| 2016 | Hawaii Prep. Acad. | 57 | BIIF | Pat Lau | KS-Kapalama |

HHSAA STATE TRACK AND FIELD MEET RECORDS – GIRLS

| <u>Event</u> | <u>Name</u> | <u>School</u> | <u>Time or Distance</u> | <u>Year</u> |
|-----------------------|---|-------------------|-------------------------|-------------|
| 100 Meter H. Hurdles | Prestine Foster | Hilo | 14.8 (h) | 1993 |
| | Zhane Santiago | Kahuku | 14.55 (wa) | 2011 |
| | Kayla Mitchell | Leilehua | 14.62 | 2012 |
| 300 Meter Low Hurdles | Vera Simms | Mililani | 42.80 | 2000 |
| 100 Meter Dash | Shari Fox | Leilehua | 11.8 (h) (wa) | 1978 |
| | Heidi Friese | Punahou | 12.1 (h) | 1981 |
| | Karen Morant | Radford | 12.1 (h) | 1983 |
| | June-Ann Lusk | Baldwin | 12.25 | 2005 |
| 200 Meter Dash | Endia Abrante | Kaiser | 24.44 (wa) | 1998 |
| | Alyssa Bettendorf | Seabury | 24.68 | 2014 |
| 400 Meter Dash | Endia Abrante | Kaiser | 54.41 | 1998 |
| 800 Meter Run | Breanne Ball | Iolani | 2:13.03 | 2012 |
| 1500 Meter Run | Zoe Sims | Hawaii Prep Acad. | 4:36.22 | 2013 |
| 3000 Meter Run | Victoria Chang | Punahou | 9:38.03 | 1999 |
| 400 Meter Relay | K. Patton, A. Hinkle, T. Whitener, S. Meyers | 48.35 | Radford | 2010 |
| 1600 Meter Relay | B. Ball, A. Kim, D. Pascua, A. Johnson-Edwards | Iolani | 3:57.47 | 2012 |
| Shot Put | Charlinda Ioane | Kapolei | 45' 09.75" | 2012 |
| Discus | Joan Gago | Campbell | 160' 03" | 1982 |
| Long Jump | Shari Fox | Leilehua | 19' 02.5" | 1979 |
| Triple Jump | Samantha Cabrerros | Punahou | 38' 06.50" | 2006 |
| | Maureen Dunn | Lutheran | 39' 01" (wa) | 1988 |
| High Jump | Natasha Kai | Kahuku | 5' 05.50" | 1999 |
| Pole Vault | Amber Kozaki | Baldwin | 13' 0" | 2013 |
| Discontinued Events: | | | | |
| 1600 Meter Run | Kathy Robertson | Radford | 4:55.7 (h) | 1977 |
| 3200 Meter Run | Tammy Cartwright | Radford | 11:04.5 (h) | 1981 |
| 800 Meter Relay | Jean Graham, | Campbell | 1:43.9 (h) | 1975 |
| | Lovena Kalama, Candy Kauahi, Jackie Meyers | | | |

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(Revised: April 17, 2015)